

This is one of a series of short walks through the Hertsmere countryside. It follows Rights of Way across private land, which are waymarked as follows:



FOOTPATH



BRIDLEWAY



BYWAY OPEN TO  
ALL TRAFFIC



ROAD USED AS  
A PUBLIC PATH

As well as following the markers on the ground, you might like to trace your route on the green OS Pathfinder map no. 1120, covering the Hatfield and Cheshunt area. The paths can be very muddy so wellies or boots are the best footwear.

While you are out you are also doing your health a favour. Regular moderate activity, such as brisk walking, is enough to keep you in shape. You don't need to sweat and pant - feeling warm and breathing harder than usual will give you benefits and you're never too old or too far gone to start!

The Countryside Management Service works with communities in Hertfordshire and North London to care for and enjoy the countryside. For more information contact us at Blanche Farm, Blanche Lane, Potters Bar, Herts, EN6 3 Lf.



TAKE PART IN  
**HERTS**




Illustration and Design by Joanne Duncan

## The Mymms Woodland Walk



A gentle circular  
ramble from The Black  
Horse pub in South Mimms  
(6Km - 3<sup>3</sup>/<sub>4</sub> m)



*This lovely walk guides you through old Estate Woodlands and across farmland, and at a gentle pace it'll take you a couple of hours.*

*The Black Horse dates back to 1709, when it started off life as The Unicorn. Before that there was a house on the site, and in 1641 the owner paid ten shillings for the vicar of South Mimms to preach the Good Friday Sermon in his front parlour. The tradition is continued today in the pub, although the fee obviously doesn't go as far as it used to!*

*Much the same could be said of Blackhorse Lane, which was once part of the main Coaching Road between London and North Wales, and a favourite lurking spot for highwaymen.*

*At the other end of the social scale was North Mymms Park, a large country estate. The lodge and gateposts mark the southern boundary, and the woodland would have been managed to provide timber - oak for building houses and smaller coppiced hazel for hurdle-fencing and charcoal.*

*After Cangsley Grove the route turns across grazing pastures before coming out onto Love Lane and in high summer the field edges are full of poppies and other wildflowers, relics of a gentler age of farming. On the track back to the woods you'll also see some strange gnarled trees on the left hand side. These are hornbeam 'pollards', cut to show the boundary between one man's land and another in the days before fencing was invented.*



Please be considerate in the countryside.  
Leave only footprints.  
Take only photos.



REDWELL WOOD

CANGSLEY GROVE

HAWKSHEAD WOOD

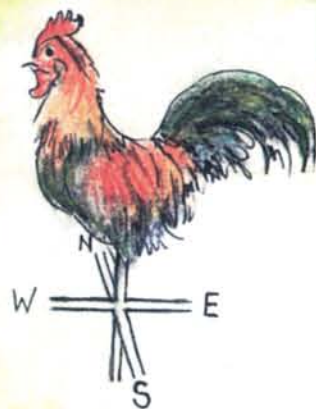
LOVE LANE

BLACKHORSE LANE

THE BLACK HORSE PUB

ST ALBANS ROAD

SOUTH MIMMS



← THE ROUTE OF THE WALK  
- - - OTHER PUBLIC FOOTPATHS

The Black Horse serves food every day except Sundays, when you may eat packed lunch in the garden so long as you buy a drink.