

1. LAA1 Update

LAA1 is now approaching the end of the third year and will finish on March 31st 2009. The LAA is managed in four “blocks” relating to different areas of work, and the “Healthier Communities and Older People” block is chaired by the PCTs.

Performance is monitored through a large number of targets. Whilst all are important some are more challenging to deliver and are referred to as “stretch” targets. Delivery of these stretch targets will generate a significant financial reward to be shared by LAA partners. The Performance Reward Grant is expected to be in the region of £18 million and available at the end of 2010. It is anticipated that approximately 50% of the reward grant will be divided between the 10 district Local Strategic Partnerships and 50% spent on a small number of highly focused, cross-cutting proposals.

Within the HCOP block there are four stretch targets. Currently, performance of three of these (Intermediate Care, Young Peoples’ Accommodation and Direct Payments) is on track to generate the agreed reward. For the fourth stretch target (Physical activity 45+) performance is measured by the Active People’s Survey and final results are due December 2009. The 2007/8 interim survey results show a 1.5% increase on the 2005/6 baseline of 14.9%. Whilst the direction of travel looks positive the change is not enough to be statistically significant. The target of a 4% increase, to 18.9%, by the end of 2008/9 is unlikely to be achieved.

2. Update on LAA2

Hertfordshire’s new Local Area Agreement was signed off by Government Office East of England in June 2008. Targets for LAA2 have been drawn from a new national indicator set (published following the announcement of the Comprehensive Spending Review in October 07).

Of the 30 national indicators chosen for LAA2, five are being delivered under the Healthier Communities and Older People’s theme, which is aligned with the Health and Wellbeing and Older People’s Themes of Hertfordshire’s Sustainable Community Strategy, Hertfordshire 2021: ‘A Brighter Future’ and with the PCTs’ Health Inequalities Plans which were agreed in July 2008 and updated in January 2009.

3. Details on LAA2

3.1 NI 8 Physical Activity

The baseline for NI8 is 22% of people aged 16+ achieving 3 x 30 minutes of physical activity each week – this equates to 188,163 people in Hertfordshire. The target is a four percentage increase over three years – this equates to an additional 34,368 people undertaking 3 x 30 minutes per week. Results from the interim Active People Survey show a 0.2% increase. The final results for this year are expected to be reported in December 2009.

3.1.1 Actions and Outcomes 2008/9

To achieve the NI8 target, additional resources are required. Consequently, this year, focus has been given to attracting funding from various organisations. Applications, approved by the HCOP Executive, are being submitted from Herts Sports Partnership Trust (HSPT) and this organisation is also assisting smaller voluntary organisations / clubs with grant applications to help meet this target.

To date:

- i. £91,000 has been secured from Sport England for capacity and project delivery and Hertfordshire PCTs have contributed £60,000 for projects and capacity.

Various interventions are being delivered including expanding the county health walks programme, work place health interventions, falls prevention work, multi activity sessions and 16 – 24 active projects.

- ii. £146,000 has been secured for a three year project which began in March 2008. The project will train women from BME communities to become qualified as sport and exercise leaders for their communities.
- iii. £20,000 secured from Sport England. Sessions are being delivered in badminton, rugby, netball and a generic pot of funding is available for other sports to apply to. This project targets the 16+ age group.

3.2 NI 123 Stopping Smoking

The baseline for NI 123 for East and North Herts is 861 four week quitters per 100,000 of the population and for West Herts 824 four week quitters per 100,000 of the population. The target in year one is 822/100,000 (E&N) and 829/100,000 (W). The targets for years two and three have been renegotiated with the Strategic Health Authority (SHA) and will be 735/100,000 (E&N) and 685/100,000 (W) in 2009/10 and 809/100,000 (E&N) and 753/100,000 (W) in 2010/11.

In year one, quarter three data shows 78.7/100,000 (E&N) and 56.5/100,000 (W). There is, therefore, a significant risk that year one targets will not be achieved. Given that the SHA is currently advising on resetting targets for years two and three, the risk of not achieving these targets will need to be re-evaluated.

3.2.1 Actions and Outcomes

PBC commissioning plans to deliver the 2009/10 targets for smoking cessation are planned to be established by end March 2009. The PCTs' Director of Public Health and Professional Executive Committee Chairs continue to monitor and provide support to this process.

Recruitment is underway for additional Stop Smoking Service team members - a Mental Health Specialist and a Pregnancy Specialist.

Additional posts in specialist support and training and development will be recruited to in April 2009. It is now expected that a full team will be in place by end June 2009.

A work programme targeting routine and manual workers is being developed. An initiative to target appropriate workplaces is being established and being linked to the additional capacity being developed in the Stop Smoking Service. A detailed work programme to target routine and manual smokers in 2009/10 will be established by end March 2009.

The Tobacco Alliance has held a 2-day Social Marketing Conference in February 2009 which had a focus on Tobacco Control issues. The next meeting of the Tobacco Alliance will discuss the learned outcomes of this conference and identify next steps in establishing a Social Marketing initiative in Hertfordshire.

3.3 NI 125 Achieving independence for older people

A new model of intermediate care is proposed, as part of the Delivering Quality Healthcare for Herts programme, which takes into account the whole system to ensure that people are cared for in the right place at the right time and at the right cost. The feasibility of this system needs to be evidenced and this work has begun. The target in year one, for both PCTs and ACS, is 60% of people, who have been discharged from hospital or intermediate care, are able to remain living at home. Due to insufficient data, a baseline could not be established for this target. Data for Q3 in year one is 60%.

3.3.1 Actions and Outcomes

The new model for intermediate care proposes a new tier of independent intermediate care beds to care for people who do not need the level of medical support that a community hospital bed provides. It will also be important to consider the integration of intermediate care teams with ACS enabling home care staff to provide more effective services in people's own homes.

Investment in the intermediate care teams and technology, including diagnostics, is an important part of this work. In addition, it will be important to ensure that services are commissioned from the voluntary sector to support the efficiency of the whole system. The intermediate care programme has been set up with four work streams. Testing of the feasibility of the proposed model is currently underway with completion expected at the end of June 2009.

3.4 NI 135 Carers receiving needs assessment or review and a specific carer's service, or advice and information

The baseline of 14.5% equates to the numbers of carers who had received an assessment divided by the numbers of adult care service users. This year's target is 19%. This quarter's figure is 13.4%. Whilst this shows a downturn against the baseline, it is anticipated that the target of 19% will be reached by the end of year one, when data collection issues, predominantly due to under

recording, have been resolved. Targets for years two and three have been renegotiated with GO-East and are 25% in year two and 27% in year three.

3.4.1 Actions and Outcomes

Hertfordshire's multi-agency Carers Strategy is being reviewed for April 2009 to include:

- i. Partnership core offer i.e. basic information and signposting from all partners' staff who deal with the public (recognition and awareness training provided through the partnership) and agency core offers (setting out responsibilities of all agencies)
- ii. Review of Carers Grant spend and plans and plans for new national PCT monies for breaks for carers (from April 2009)
- iii. Partnership with Job Centre Plus to deliver new back to work services for carers (nationally funded)
- iv. Review of implementation of Carers Contingency Planning and new worker to be appointed at Client Services focusing on carers
- v. New Herts Partnership Foundation Trust Carers' Lead Officer.
- vi. Pilot work with Primary Care (Dacorum) to develop a model for roll out countywide, to identify and support carers with services to improve their physical health. Hertfordshire will be bidding to be a national demonstrator site.

The Carers Strategy Group is signed up to the core information offer approach recommended by the Putting People First Concordat and is working with the HCOP Manager to integrate with general health and wellbeing information provision developments. Individual information offers are being drawn up by partner agencies and will be discussed with LSPs.

A s75 Agreement (which allows Health and Social care to work flexibly in partnership and make joint use of funding) is being developed with the PCTs whereby ACS will act as lead commissioner for the new monies for carers breaks. The same model is currently being finalised and will be trialled during March.

Hertfordshire County Council (HCC) is having discussions at a local, regional and national level with the Department of Work and Pensions and Job Centre Plus about how best to ensure the learning from the Action for Carers in Employment Project can help inform the setting up of a best practice model of support to carers returning to work in Hertfordshire.

The "nextstep" service developed in partnership with HCC and providing specialist support to carers returning to work is now in place and was officially launched on 26 February 2009. While the economic downturn may affect the argument for employers to recruit carers it does not effect the need for employers to retain their most experienced and skilled staff. The peak age for caring is 45-64 which is when most staff are at their most valuable to an organisation.

3.5 NI 141 Percentage of vulnerable people achieving independent living

The baseline for NI 141 is 59.3% of vulnerable people achieving independent living, following move on from short term accommodation. The target for year one is 65%. Q3 data shows 63.10% of vulnerable people achieving independent living.

3.5.1 Actions and Outcomes

Actions are aimed at increasing the potential for successful move-on to be recorded. The team is also seeking agreement for a countywide rent deposit scheme to increase options for move-on. Current areas of action with providers of existing services are:

- i. Contract management of services subject to NI141. ACS has written to service providers setting out clear target expectations for 2009/10 and for 2010/11 and identifying and sharing best practice to achieve planned moves through contract and service review meetings with service providers;
- ii. In partnership with the ACS Supporting People team, Homeless Link is commencing a review of practice within Hertfordshire night shelters, with a focus on move-on issues;
- iii. Checking the accuracy of provider Performance Indicator workbooks via specific service visits to ensure that data and administration errors are not adversely affecting recorded performance.

4. LAA Monitoring

Action plans and equality impact assessments have been written for each HCOP National Indicator/strand. Strand leads meet quarterly to report on progress made and data is collected quarterly. Performance is monitored by the HCOP Executive, Hertfordshire Forward and GO-East. The Hertfordshire Forward Core Group has now set up a formal Delivery Group, responsible for performance managing the LAA. This group will help to tighten up control and transparency of partnership governance arrangements.